

Schedule & Fees

Prices are for skating 1 Day per week and **do not** include \$25 Upper Canada Club Fee and \$44 Skate Canada Fee (for new Spring session members only). Times are subject to change.

Note: 5% Discount for skating 2 days per week; 10% for skating 3 days per week; and 15% for skating 4 or 5 days per week when register before March 23, 2020. Multi-day discount is not applicable when register after the first class.

Pre-School

Skating Day	Time	Fee
Monday (7 weeks)	4:25-4:55 pm Or 5:35-6:05 pm	\$168
Tuesday	No Pre-School	
Wednesday (8 weeks)	6:35-7:05 pm	\$192
Thursday (8 weeks)	5:25-5:55 pm	\$192
Saturday (8 weeks)	9:25-9:55 am Or 10:35-11:05 am	\$192

Pre-CanSkate

Skating Day	Time	Fee
Monday A (7 weeks)	4:25-4:55 pm Or 5:35-6:05 pm	\$168
Tuesday (7 weeks)	6:50-7:20 pm	\$168
Wednesday (8 weeks)	6:35-7:05 pm	\$192
Thursday (8 weeks)	5:25-5:55 pm	\$192
Saturday (8 weeks)	9:25-9:55 am Or 10:35-11:05 am	\$192

CanSkate 1-6

Skating Day	Time	Fee
Monday (7 weeks)	4:10-5:10 pm Or 5:20-6:20 pm	\$203
Tuesday (7 weeks)	6:35-7:35 pm	\$203
Wednesday (8 weeks)	6:20-7:20 pm	\$232
Thursday (8 weeks)	5:10-6:10 pm	\$232
Saturday (8 weeks)	9:10-10:10 am Or 10:20-11:20 am	\$232

Teen/Adult Learn to Skate

Skating Day	Time	Fee
Tuesday (7 weeks)	7:45-9:00 pm	\$189

Registration & Payment

Online registration only. There are waiting lists on full sessions. Proof of age may be required. Registration cannot be confirmed unless submitted with full payment.

- FULL PAYMENT. Payment by E-transfer, cash (exact amount please) and cheque (not post-dated) ONLY. Payable to UPPER CANADA SKATING CLUB. For E-Transfer, visit our website or ask the office for details. We DO NOT accept credit card payment.
- For new Spring members only: Full payment includes the yearly \$44 Skate Canada fee and the Upper Canada Club Fee of \$25 per family.

Terms and Conditions

- Registration cannot be accepted from any skater with an outstanding balance.
 - A \$45 fee is charged for NSF cheques.
 - A \$50 processing fee is charged to all refunds.
 - Application may be cancelled if full payment is not received by the due date.
 - Application may also be cancelled if the skater does not show up for the first 2 weeks and has not notified us by email.
 - All private coaching fees are payable directly to the skater's coach. Upper Canada is not responsible for the collection of individual coaching fees and is not involved in any disputes between the skater/parent and the private coach.
 - There are no substitutions of days.
- Schedules and prices are subject to change at the discretion of the club. Check the bulletin board or website for all changes.**

Refund Policy

- Skate Canada Fee and Upper Canada Club Fee are non-refundable.
- Refund request due to medical situation must be in writing, addressed to the Board of Directors and accompany with a doctor's note.
- A \$50 processing fee is charged for all refunds.
- No make ups or refunds for sessions missed due to illness, vacations, holidays, competitions, tests, bad weather, maintenance, equipment failure, breakdowns, repairs or management disputes.
- No refunds for club events once the fee is submitted.



UPPER CANADA SKATING CLUB

CANSKATE PROGRAMS

SPRING 1 SESSION

March 23 – May 16, 2020

Online Registration at

www.UpperCanadaSkating.com

89 Church Avenue,
North York, ON
M2N 6C9

Email: UpperCanadaSkating@bellnet.ca

CanSkate Programs

PRE-SCHOOL (Ages 3 & 4)

This program introduces the fundamentals of skating to very young children (age 3+). It is a half-hour group lesson with a professional coach (maximum of 5 skaters per group). The coach will be on the ice during the entire session. Skaters will be grouped according to ability and age. CSA approved hockey helmets with face-masks (cages) and chip straps are mandatory.

No private lessons are available.

Eligibility: Ages 3 or 4 years old as of March 23, 2020. No skating ability required.

PRE-CANSKATE (Ages 5+)

This program is a half-hour group lesson designed for children ages 5-12 who have no or very little skating ability. Pre-CanSkate is the starting point where skaters advance to the CanSkate program. A professional coach for each group (maximum of 5 skaters per group) will be on the ice during the entire session. Skaters will be grouped according to age and ability. CSA approved hockey helmets with chip straps are mandatory and face-masks for younger skaters are highly recommended.

No private lessons are available.

Eligibility: Ages 5+ as of March 23, 2020. No skating ability required.

CANSKATE 1-6 (Ages 5+)

CanSkate is Skate Canada's learn-to-skate program that teaches fundamental movement and basic skills. There are 6 stages to this program. Each class includes a 15 min. warm up, a 30 min. group lesson with a professional coach (1:10), and a 15 min cool down. CSA approved hockey helmets with chip straps are mandatory and face-masks for younger skaters are highly recommended.

Private lessons are available during warm up and cool down.

Eligibility: Ages 5+ old as of March 23, 2020. Skaters must have passed Pre-CanSkate or be able to skate the entire perimeter of the ice with speed, skate forward and backwards and stop.

TEEN/ADULT LEARN TO SKATE (Ages 13+)

The Teen/Adult Learn to Skate program teaches the fundamentals of skating required for recreational skating, hockey, ringette and figure skating. Lessons are given in group format and skaters progress at their own pace. Session includes a 15 min warm up and a 30 min group lesson. This session is open to skaters age 13+ and older who are in the "learn to skate" stage. Skaters will be grouped according to age and ability. CSA approved hockey helmets with chip straps are mandatory.

Private lessons are available.

Eligibility: Ages 13-17 as of May 16, 2020 for the Teen session; ages 18+ as of March 23, 2020 for the Adult session. No skating ability required.

Private Lessons

For the list of our **coaches** and their qualifications, refer to our website. Contact coaches directly for rate and availability.

Private lessons are available only during the warm-up and cool down on the CanSkate 1-6 session.

No Private lessons are available for skaters in the Pre-School and Pre-CanSkate sessions.

Safety

• Rowan's Law - Concussion Awareness

Under this law for all skaters under the age of 26, parents (if the skater is under the age of 18 years), must confirm that they have reviewed the required Concussion Awareness Resources and Concussion Codes of Conduct and return the signed acknowledgement form to our office before the start of the session.

Documents and printed copies of the Acknowledgement Form are available in the Mitchell Field office. Information is also available on our website.

• Parents of skaters 10 and under must remain on the premises during their child's entire session.

• CSA approved hockey helmets with chip straps are mandatory for all skaters on the Pre-School, Pre-CanSkate, CanSkate 1-6 and Teen/Adult Learn to Skate sessions. Optional for skaters who are on Stage 6.

• Helmets with face mask/cage are mandatory for skaters on the Pre-School session and are highly recommended for young skaters on the Pre-CanSkate and CanSkate sessions.

• Skaters must not use the viewing area or bleachers to put on or take off skates.

• Skaters must not go on the ice until their session begins and a coach is on the ice.

Important Dates

First Day of Skating	(Monday) March 23, 2020
Easter Monday	(Monday) April 13, 2020
Club Closed	
Annual General Meeting (AGM)	(Wednesday) May 6, 2020
Test Day (for STARSkaters only)	(Tuesday) May 12, 2020 All classes are cancelled.
Last of Skating	(Saturday) May 16, 2020

Volunteer Board of Directors

President: Bruce Marshall

Vice-President: Barbara Herman

Treasurer: Takako Kato

Secretary: Karen Li

Test Chair: June Leung

Registrar: Vacant

Coaching Representative: Taje Jones

Club Manager: Catherine Chan

Program Coordinator: Susan Taylor

Office Staff

Mahin Shami (Monday to Thursday)

Arpi Akelian (Saturday)