

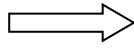


Transitioning from CanSkate to STARSkate

What happens after CanSkate? → STAR 1 ****May need to change skating time & days****

CanSkate (1-6) Program

- Passed Stage 6



STARSkate (Figure Skating) Program - **STAR 1**

- 15 min. group warmup/skills lesson and three 15 min. group lessons focusing on 5 disciplines of figure skating (skills, freeskate, dance, artistic and synchronized skating).
- * Private Coach – Optional
- Skate Canada Tests required to move up to STAR 2 are: STAR 1 Skills, STAR 1 FreeSkate AND STAR 1 Dance
- \$12/Test. Test fees are submitted to Skate Canada.

* How to Hire A Private Coach

- Visit our website at <https://www.uppercanadaskating.com/pages/About-Us/Coaches/> to see a list of our coaches and their qualification.
- Obtain from our office a copy of our coaches' qualifications
- Contact the coach directly for rate and availability.
- Make sure that your coach is available on the sessions on which your child will be skating.
- Some coaches may deliver semi-private lessons with up to 3 skaters and prices will vary.
- Rates are determined by individual coaches.

STAR 2

- Sessions include a 15 min. group warmup/skills lesson and two 15 min. group lessons focusing on the 5 disciplines of figure skating (skills, freeskate, dance, artistic and synchronized skating) and 15 min. of practice times. Skaters will learn to practice independently. 15 min.
- Private Coach – Optional
- Skate Canada Tests required to move up to STAR 3 are : STAR 2 Skills, STAR 2 FreeSkate Elements AND STAR 2a & 2b Dance (4 tests).
- \$12/Test. Test fees are submitted to Skate Canada.

STAR 3

- 15 min. of skill lesson, No other group lessons are provided.
- **MUST hire a Private Coach.**
- Will need to change skating day(s) and/or time.
- MUST communicate with private coach before making such changes.
- MUST achieve all the required test to move up to STAR 4.