



**Upper Canada Skating Club**  
**STARSkate Program**  
**Information Package**  
**2018 – 2019**

## **Upper Canada STARSkate programs – STAR 1-5 Program**

**Skills, Tests, Achievement, Recognition – this is what STARSkate is all about!**

As of September 2017, the Preliminary and Junior Bronze Skills, Freeskate and Dance tests have been replaced by the STAR 1-5 Tests and will be assessed by the skater's coaches. Coaches will now be responsible for the development and assessment of their own skaters at these levels. Upper Canada has fully implemented the STAR 1-5 Assessment Program.

### **STAR 1- 5 Program**

Upper Canada has fully implemented the STAR 1 -5 program as of September 2017. The STAR 1-5 program will be taught and skaters will be assessed using the STAR 1-5 assessment system.

Skaters who passed Canskate Stage 6 will be placed in the Intro To Junior (STAR 1) session and will progress through the STAR 1 – 5 program.

Skaters who are already in the Junior and above sessions and had passed tests under the old system will enter the STAR 1- 5 program according to tests and/or FreeSkate levels achieved.

Refer to Table I and II for information on program, tests and criteria.

**Table 1****The STAR 1 - 5 Program/Tests**

<b>Old STARskate</b>	<b>UC STARskate Session</b>	<b>STAR 1 -5</b>	<b>Skills</b>	<b>Freeskate</b>		<b>Dance</b>	<b>Assessment</b>
Bridge from CanSkate 6	Intro To Junior	STAR 1	STAR 1 - Edges, Turns, Field Move, Stroking	STAR 1 - Elements		STAR 1- Preliminary Dance Elements	During session assessed by skater's coach
Pre-Preliminary Level	Junior	STAR 2	STAR 2- Edges, Turns	STAR 2- Elements	Program – STAR 2 Event requirements	STAR 2a – Dutch Waltz STAR 2b – Canasta Tango	During session assessed by skater's coach
Preliminary Level	Intermediate	STAR 2-3	STAR 3 - Field Move, Stroking	STAR 3 - Elements	Program – STAR 3 Event requirements	STAR 3a – Baby Blues STAR 3b – Jr. Bronze Dance Elements	During session assessed by skater's coach
Junior Bronze Level	Senior	STAR 3-4	STAR 4 - Edges, Turns	STAR 4 - Elements	Program – STAR 4 Event requirements	STAR 4a – Swing Dance STAR 4b – Fiesta Tango	During session assessed by skater's coach
Between Jr. Bronze and Sr. Bronze Level	Advanced	STAR 5-10	STAR 5 - Field Move, Stroking	STAR 5 - Elements	Program – STAR 5 Event requirements	STAR 5a – Willow Waltz STAR 5b – Sr. Bronze Dance Elements	During session but must have "Clear Ice". Assessed by skater's coach
Senior Bronze Level and above	Advanced	STAR 5-10	Current Senior Bronze Skills Program	Current Senior Bronze Freeskate Elements	Current Senior Bronze Freeskate Program	Ten Fox Fourteenstep European Waltz	Traditional Test Day. Assessed by external evaluators.

**Table II Criteria for 2018 – 19**

**(Transition from Old STARSkate to STAR Program)**

Session	Eligibility	Freeskate and Skills Level	Private coaching
Intro to Junior (STAR 1)	Skaters <b>MUST</b> have passed CanSkate Level 6	Working towards STAR 1	Not required but are encouraged to hire a private coach. Can leave group lesson for 15min for private lesson only. No private lesson during the group skills lesson.
Junior (STAR 2)	Skaters <b>MUST</b> have passed the Intro to Junior session or STAR 1 (Skills, Freeskate AND Dance) Should be landing 3 Single Jumps.	Working towards STAR 2	Must hire a private coach for at least one 15-minute lesson each day they skate. Can leave group lesson for 15 min. for private lesson only or have private lesson during the designated practice/private time. No private lesson during the group skills lesson.
Intermediate (STAR 2-3)	Skaters <b>MUST</b> have at least passed one of the following group(s) of tests:  (1) <b>3</b> Skate Canada tests with one being Preliminary Skills or 1 part of Preliminary Freeskate (Elements or Solo). For example: Dutch Waltz, Canasta Tango AND Preliminary Elements; or  (2) 3 out of 5 STAR 2 Tests - STAR 2 Skills, STAR 2 Freeskate Elements, Program, STAR 2a and 2b Dances. (Dutch Waltz & Canasta Tango)  Should be landing 4 Single Jumps.  <b>Note: Skaters who passed all 3 Preliminary Dances are NOT qualified for the Intermediate Session unless they have approval from their coach and Board.</b>	Working towards STAR 2 or 3 depending on the entry STAR level	Must hire a private coach for at least one 15-minute lesson each day they skate.  No private lesson during the group skills lesson.
Senior (STAR 3-4)	Skaters <b>MUST</b> have at least passed one of the following group(s) of tests:  (1) The complete Preliminary Freeskate (both Elements & Solo) ; or	Working towards STAR 3 or 4 depending on the entry STAR level	Must hire a private coach for at least one 15-minute lesson each day they skate.  No private lesson during the group skills lesson.

	<p>(2) Jr. Bronze Skills; or  (3) All Jr. Bronze Dances (Swing Dance, Fiesta Tango &amp; Willow Waltz, equivalent to STAR 4a, 4b and 5a &amp; b Dances);  or  (4) Complete STAR 2 Freeskate and Skills</p> <p>Should be landing 5 Single Jumps.</p>		
Advanced (STAR 5)	<p>Skaters must be landing a Single Axel.</p> <p>Skaters <b>MUST</b> have at <b>least</b> passed one of the following group(s) of tests:</p> <p>(1) The complete Jr. Bronze Freeskate (both Elements &amp; Solo);  (2) or Sr. Bronze Skills; or  (3) All Sr. Bronze dances (Ten Fox, Fourteenstep &amp; European Waltz)  (4) STAR 4 Skills STAR 4 Freeskate.</p>	Working towards STAR 5 or higher level	<p>Must hire a private coach for at least one 15-minute lesson each day they skate.</p> <p>No private lesson during the group skills lesson.</p>
Adult STARSkate	Skaters MUST have strong basic skating skills.	Working on figure skating skills, freeskate and/or dances.	<p>Must hire a private coach for at least one 15-minute lesson each day they skate.</p> <p>No private lesson during the group skills lesson.</p>

## Skate Canada Standardized Test

The Skate Canada STARSkate Program offers opportunities for skaters to develop basic to advanced skating skills in four different areas: Interpretive, Dance, Free Skating, and Skating Skills which are then grouped into Primary, Intermediate and Senior level tests (Table III). Except for Interpretive, the primary level tests (Preliminary and Jr. Bronze Skills, Freeskate and Dance tests ) are replaced by STAR 1 – 5 Tests (see Table I).

**Table III Skate Canada Standardized Test Level**

Level/Category	Skating Skills	Freeskate	Dance	Interpretive
Primary (STAR 1-5)	Preliminary, Junior Bronze	Preliminary, Junior Bronze	Preliminary, Junior Bronze	Introductory
Intermediate	Senior Bronze, Junior Silver	Senior Bronze, Junior Silver	Senior Bronze, Junior Silver	Bronze
Senior	Senior Silver, Gold	Senior Silver, Gold	Senior Silver, Gold, Diamond	Silver, Gold

### Order of Tests

**OLD STARSkate Test System** - A candidate for a test must have passed all of the preceding tests in the same category in each of the disciplines with the exception of freeskate.

For example, a skater must pass the Preliminary Skating Skills test prior to attempting the Junior Bronze Skating Skills test. However, Free Skate tests can be taken in parts (elements and program). For example, a skater must pass Junior Bronze elements part in order to progress to the Senior Bronze elements but the skater is not required to pass Junior Bronze Solo in order to progress to Senior Bronze elements.

**STAR 1 – 5 Test System** - STAR 1-5 Tests will be assessed by the skater's coaches. A candidate for a test must have passed all of the preceding tests in the same category in each of the disciplines.

### Test Evaluation

**Evaluation of STAR 1 – 5 Tests** – STAR 1 -5 tests will be evaluated by skater's coach during session time. Coaches are trained to apply set standards to the Skate Canada STAR 1 -5 test being taken and assess if the candidate has mastered the required skills in order to progress to the next level.

**Evaluation of Senior Bronze and above Tests** – Senior Bronze and above tests will be evaluated by professional evaluator. Evaluators are trained to apply set standards to the Skate Canada

test being taken and assess if the candidate has mastered the required skills in order to progress to the next level. All Skate Canada STARSkate tests are evaluated on a scale that includes needs improvement, satisfactory, good and excellent. Each test has its own specifications as to what must be performed at a satisfactory or better level in order to pass the test.

Speak to your coach(es) if you have any questions regarding Skate Canada Standardized Testing and refer to the Skate Canada website for details.

Skate Canada website:

<https://skatecanada.ca/skating-lessons/our-programs/figure-skating/>

### **Upper Canada Test Days:**

Upper Canada has implemented the STAR 1-5 program fully as of September 2017 and traditionally test days will be only for skaters testing Interpretives, Senior Bronze or above tests.

**Fall/Winter Test Day: January 22, 2019 & March 27, 2019**

**Spring Test Day: 14 May, 2019**

### **Guest Skating**

Skaters who are registered in the STARSkate Intermediate, Senior, Advanced and Adult sessions are allowed to guest skate on sessions that they are not registered for.

(1) Skaters may request permission to guest skate on any session that they are qualified for.

(2) The skater must have his or her coach's approval to guest skate.

(3) The skater/parent or skater's coach must inform the club office **at least 2 days prior** to the desired guest skate session.

(4) Skater who requests to skate on a session that they are not qualified for must have board approval. Your private coach will submit request for approval.

(5) Skaters must check in with the office administrator and guest skating fee must be paid prior to stepping on the ice.

(6) Skaters not adhering to this policy will be asked to leave the ice.

(7) Skaters who consistently fail to follow the above procedures will have their privilege to guest skate revoked immediately.

	Guest Fee	Number of Guest Skate per Fall/Winter Session	Number of Guest Skate per Spring Session
Club Member/Skater	\$20	10	5



## **Outside Competitions – Skate Ontario Events**

Skaters in the CanSkate and STARSkate programs are encouraged to participate in outside competitions. Skate Ontario holds various competitions throughout the skating season at different skating clubs throughout Ontario. Parents and skaters should discuss competition options at the start of every season with their coach. Your coach will be able to assist you in selecting the appropriate category and online registration. More information regarding these competitions is available on the Skate Ontario website. Please note that some of these competitions are geared to different disciplines and are not necessarily open to all skaters. For clarification, please speak to your children's private coach.

<http://www.skateontario.org/>

<http://www.skateontario.org/event-schedule-2018-2019/>

<https://registration.skateontario.org/pages/how-to-register/>

### **Upper Canada STARSkate Showcase**

Upper Canada STARSkate Showcase will be held on the 23<sup>th</sup> February 2019. STARSkaters in the STARSkate STAR 1 -5 and Adult STARSkate sessions are invited to participate in the 2019 STARSkate Showcase. Details will follow.