

What to Wear

Clothing should be warm, comfortable, and allow for easy movement. Dressing in layers is recommended.

For Teen/Adult Learn to Skate

- Skating dresses, skirts, yoga pants, and leggings made of stretchy material (no jeans or restrictive streetwear). Dresses must be worn with appropriate skating tights or bottoms.
- Fitted sweaters or zip-up tops that do not fall below the hips

Gloves are essential.

DO NOT wear jeans and scarves, as they restrict movement and are unsafe.

