

Test Day Guide

What to do:

- Check the bulletin board regularly for changes to the Test Day schedule.
- Return the Test Envelope given to you along with the fee at least 1 day prior to Test Day. Without the envelope and fee, you will not be allowed to test.
- Arrive at the rink 45 minutes prior to your test as there could be schedule changes.

What to wear:

Dresses: Ensure that the skater has an appropriate skating dress suitable for the low temperatures inside the rink. Keep in mind that during most tests, sweaters cannot be worn over dresses. Skaters should wear the test dress at least once before the test during the regular skating session to make sure the skater feels comfortable in the outfit and that no stones, adornments fall from the dress.

Tights: For girls, beige skating tights only can be worn during the test. No coloured or patterned tights are acceptable. Skaters who feel the cold, should wear 2 pairs of skating tights. The outer tights can be tucked in under the skater or worn over the boot. No tights with holes or runs will be permitted on test day. Bring an extra pair of tights as a back up.

Pants: For boys, black stretch skating pants with appropriate tie down must be worn. A nice shirt and/or sweater is appropriate.

Boots/Laces: Polish boots and wash laces. White/Black shoe polish and stain removers can be purchased at the Skating Boutique or a shoe store. Laces should be white for girls and black for boys and doubled tied around hooks so that nothing dangles.

Gloves: Gloves (not mittens) and sweaters can be worn during the warmup but not during tests. There are exceptions where skaters are permitted to wear an appropriate dress sweater during a test such as Elements and Skills. If skaters prefer to wear a sweater during those specified tests, no hooded jackets will be permitted. Either a sweater or fleece jacket is allowed.

Skate Sharpening: DO NOT sharpen skates the day of the test. If skaters need to get their skates sharpened, a week before the test is recommended. Edges are very sharp and could affect the skater's comfort level and performance during a test.

Hair: For girls, hair must be neatly tied back and off the face. Please avoid the use of bobby pins. Clips will ensure hair stays in place and are less likely to fall onto the ice surface. Boys with long hair must also have hair neatly tied back and off the face.