

WHAT YOU NEED FOR YOUR SKATING LESSON

Skates – properly fitted (do not purchase a size bigger) and sharpened.



NO

Plastic molded
skates

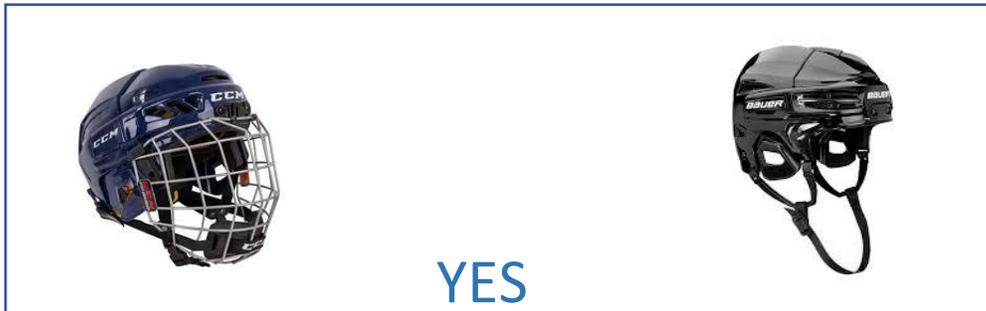


YES

Figure skates

Hockey skates

Helmet – CSA Approved Hockey Helmet



YES

CSA approved hockey helmets with chin strap are mandatory for all skaters in CanSkate stage 1-5 (optional for stage 6). Face masks (cages) are mandatory for the 3 & 4 years old skaters and are highly recommended for the 5 years old, young skaters and skaters who wear glasses.



No

SKATE CARE

Complete care and protection for your skate blades

Towel – quick drying and absorbent towel to dry skaters every after use.

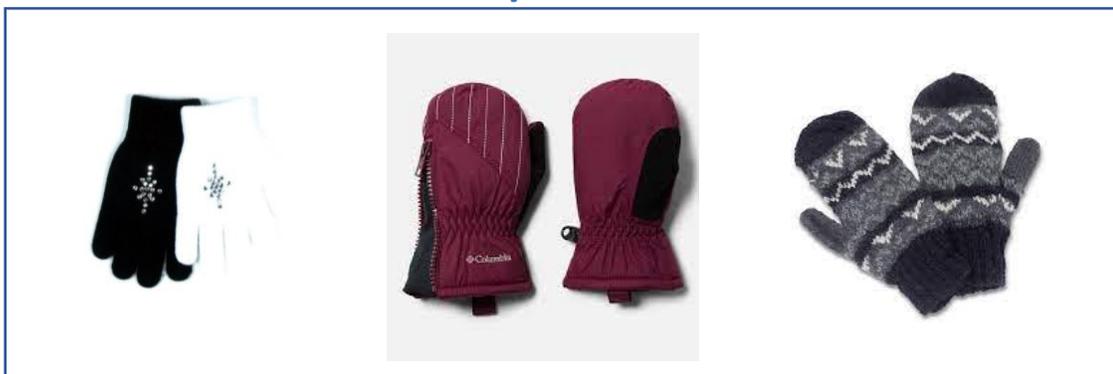
Hard skate guard – to use while walking to the ice surfaces. Protect blades from the debris and dirt off the ice. They are needed if there is an emergency and skaters have to leave the ice or exit the building quickly. Never store skates in the hard skate guard.



Soft skate guard/soakers – to protect the blades while storing skates in a bag. The terry cloth material absorbs extra moisture to keep blades dry.



Gloves/Mittens



Gloves

Waterproof mittens

Mittens